



**Download this Virtual Geotrail™
Free!!**

“The Grisedale Valley”

Grade Moderate

We give you location grid references and easy questions to answer. All you have to do is walk the trail, collect all the answers and send them to peter@geotrailing.com. All correct answers qualify for an entry to our free prize draw, held every month.

Commence at the Tourist Information Centre in the car park in Glenridding (NY 386/169) use O/S Leisure Map NO 5: Our trail visits Lanty’s Tarn a jewel set in the fells, winds up to Ruthwaite Lodge a good lunch spot, from here a detour can be made to Grisedale Tarn if you have the time and is well worth the extra effort. We return on the opposite side of the valley making our way down to Grisedale Bridge before returning to Glenridding. Total distance 9KM with 330m of accent and decent , all on good paths allow 4 hours to complete the trail, an extra hour to go to the tarn will be time well spent.

Using a GPS on a Geotrail

Enter your grid reference as a waypoint on your GPS, Name and save. Locate the grid reference on your map. Ask your GPS to GOTO. Remember a GPS will only give you a straight line bearing to your destination; you will need to refer to your map, use footpaths on the ground and contour.

NO	GRID REF	QUESTIONS
1	NY 3851/1685	What bird lives here?
2	NY 3834/1659	Give the date on the bench.
3	NY 3820/1645	The sign where does it lead?
4	NY 3780/1577	How many horizontal pieces on this gate?
5	NY 3736/1552	AV above and below; add the numbers.
6	NY 3605/1431	Whose estate starts here?
7	NY 3555/1355	What mountain is named on the memorial plaque?
8	NY 3705/1493	Which tarn is named on the slate (look on the barn wall)?
9	NY 3896/1595	Give us the oldest date on the cottage wall?
10	NY 3898/1608	Whose field is this?

“Let’s Go Geocaching”- Combine your love of walking with the world of GPS!

For beginners there’s hands-on tuition, have-a-go sessions, treasure trails, and GPS’s to borrow. For the experienced there will be numerous Geotrails, Multi-Caches, and Geo-Jennings Pub Trails to upload, plus the chance to learn new tricks and see new products. There’ll be lots more to see and do, Mountain Rescue, Lake-District osprey project, GPS experts on hand, and Meet the Gear Guru’s – don’t miss out on the fun book today!



Weekend Packages – YHA Borrowdale - Includes 2 nights full board accommodation and all on site activities: only £125 pp

Let’s Go Day tickets including lunch and all activities: only £29 pp

Dates; 12th to 14th May 2006 and 22nd to 24th September 2006



More information and Secure Internet Booking visit www.gpstraining.co.uk or Tel: 01768 885855