



**Download this Virtual Geotrail™
Free!!**

“Lacey’s Caves & Long Meg “

Grade Moderate

We give you location grid references and easy questions to answer. All you have to do is walk the trail, collect all the answers and send them to peter@geotrailing.com. All correct answers qualify for an entry to our free prize draw.

Limited parking is available on the roadside at NY 565 392 (Kirkoswald to Glassonby Road) follow the sign for Lacey’s Caves our trail follows the banks of the River Eden, visits the caves, a disused mine, affords great views over the Eden Valley & Settle to Carlisle Railway, passes through the hamlet of Little Salkeld (visit the local organic Mill & Tearooms NY 566 360) and returns by Long Meg ancient stone circle and a green lane teeming with wild flowers & wildlife. Allow 2/3 Hours on the move to give time to take everything in: Distance 8.15km with 160m of Ascent.

Using a GPS on a Geotrail

Enter your grid reference as a waypoint on your GPS, Name and save. Locate the grid reference on your map. Ask your GPS to GOTO. Remember a GPS will only give you a straight line bearing to your destination; you will need to refer to your map, use footpaths on the ground and contour

NO	GRID REF	QUESTIONS
LC001	NY 56528 39742	Parking at roadside follow sign to Lacey’s Caves
LC002	NY 56528 38921	Who’s project?
LC003	NY 56405 38468	What animal resides on post?
LC004	NY 56382 38295	Lacey’s Caves – take care steep drop from riverbanks
LC005	NY 56307 37973	Who works on this post?
LC006	NY 56255 37537	Sign to?
LC007	NY 56253 37250	Which children made this sculpture?
LC008	NY 56658 36190	Crossroads sign follow sign to Long Meg – chance to divert for tea!
LC009	NY 57058 37162	Long Meg – How many stones make up the circle?
LC010	NY 56936 38211	Which mammal indicates the way?
LC011	NY 56960 39235	What is fallen here! – Down the hill to the car.

“Let’s Go Geocaching”- Combine your love of walking with the world of GPS!

For beginners there’s hands-on tuition, have-a-go sessions, treasure trails, and GPS’s to borrow. For the experienced there will be numerous Geotrails, Multi-Caches, and Geo-Jennings Pub Trails to upload, plus the chance to learn new tricks and see new products. There’ll be lots more to see and do, Mountain Rescue, Lake-District osprey project, gps experts on hand, and Meet the Gear Guru’s – don’t miss out on the fun book today!



Weekend Packages – YHA Borrowdale - Includes 2 nights full board accommodation and all on site activities: only £125 pp

Let’s Go Day tickets including lunch and all activities: only £29 pp

Dates; 12th to 14th May 2006 and 22nd to 24th September 2006



More information and Secure Internet Booking visit www.gpstraining.co.uk or Tel: 01768 885855